

Compare

51 slides: 0 added, 0 removed, 7 changed, 44 unchanged. Generated 10/1/2026, 2:48:17 PM.

Previous: Back Safety Training (before update).story (saved Sep 7, 2026, 9:48 PM) → Current: Back Safety Training (after update).story (saved Sep 7, 2026, 10:02 PM)

Previous fingerprint: bdlf88057728 · Current fingerprint: ec394aa29b97 · Generated 10/1/2026, 2:48:17 PM

This report shows what changed between the two versions above. Check each item against your own edit list before republishing.

What this comparison does not check: animations and motion paths, shape colors and other visual styling, and the design of slide masters and layouts. Worth a visual pass in Storyline for those.

What changed

- Changed content on 7 slides.
- Playback speed control available to learner changed from "Yes" to "No".
- Default value for variable "freeMode" changed from "No" to "Yes".
- On "Safe-Lifting Leverage": alt text added on "Picture 1.png" picture: "Warehouse worker in a yellow hard hat and green overalls carrying a cardboard box close to his body near an industrial loading area."
- Trigger added on "Correct Speed": Jumps to a slide that no longer exists in this file.
- On "Difficulty Holding/Grasping/Controlling Box (Signs of Physical Effort cont.)": alt text added on "Picture 1.png" picture: "A man struggling to carry a precariously stacked, oversized pile of three cardboard boxes while a woman helps steady the top box."
- On "Shaking or Quivering of Muscles (Signs of Physical Effort cont.)": 1 object moved or resized ("wimpy shaking lifting weights gym 1.png" picture).
- On "Shaking or Quivering of Muscles (Signs of Physical Effort cont.)": alt text added on "wimpy shaking lifting weights gym 1.png" picture: "A man intensely lifting a weighted barbell in a gym surrounded by other people and fitness equipment."

! Answer "Pulling is generally preferable to pushing" on "When developing return-to-work programs for movi..." changed from incorrect to correct.

! Answer "Pushing is generally preferable to pulling" on "When developing return-to-work programs for movi..." changed from correct to incorrect.

- Media library: 1 added, 1 removed.

 Triggers are compared on every slide, layer and object: what they do, when they fire, what they target and their conditions. Not compared: animations and motion paths, shape colors and other visual styling, and the design of slide masters and layouts.

Course settings changed

Playback speed control available to learner: Yes → No

Default value (variable "freeMode"): ~~No~~ → **Yes**

Accessibility changes

Alt text added for Picture 1.png: **"Warehouse worker in a yellow hard hat and green overalls carrying a cardboard bo..."**, on Safe-Lifting Leverage

Alt text added for Picture 1.png: **"A man struggling to carry a precariously stacked, oversized pile of three cardbo..."**, on Difficulty Holding/Grasping/Controlling Box (Signs of Physical Effort cont.)

Alt text added for wimpy shaking lifting weights gym 1.png: **"A man intensely lifting a weighted barbell in a gym surrounded by other people a..."**, on Shaking or Quivering of Muscles (Signs of Physical Effort cont.)

A Review of Safe Lifting Techniques

Scene 1, Slide 1: changed

Advance:  Click to advance · Text timing:  Shows all at once

 Slide trigger: Runs custom JavaScript: // Notify the hosting LMS page that this compliance course has launched (used for audit logging outside SCORM/xAPI) if (window.parent && window.parent !== window) { window.parent.postMessage({ storyAuditDemo: true, event: "courseLaunched", course: "A Review of Safe Lifting Techniques", timestamp: new Date().toISOString() }, "*"); }

Heading

Back Safety: Return To Work Programs and Safe Lifting Techniques

Body text

Section 3: A Review of Safe Lifting Techniques

Body text

%userName% **%freeMode%**

Media on this slide

 track256.mp3

Introduction

Scene 1, Slide 2: changed

Advance: ▶ Click to advance · Text timing: 🔊 Synced to narration (reveals paragraph-by-paragraph)

Heading

Introduction

Body text

After a brief review of safe lifting techniques and signs that a patient is exerting themselves, you will watch a number of videos that also review safe lifting techniques.

Because our patients are so unique, and each will have their own demands and deficits, it is important to take your existing knowledge along with any what learned you learn in this course and apply it to each individual patient. patient's needs.

Media on this slide

🔊 track257.mp3

Safe-Lifting Leverage

Scene 1, Slide 6: changed

Advance: ▶ Click to advance · Text timing: 🔊 Synced to narration (reveals paragraph-by-paragraph)

✎ Alt text on "Picture 1.png" picture: (none) → "Warehouse worker in a yellow hard hat and green overalls carrying a cardboard box close to his body near an industrial loading area."

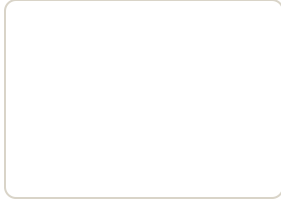
Heading

Safe-Lifting Leverage

Body text

The optimum safe lifting zone is close to the body, between mid - thigh to mid - chest height. This is the safest area for lifts, because this is where a person's upper body and back muscles can lift the most with the least amount of effort. Keep the object as close to the body as you are able to (decreasing torque on the body).

Media on this slide



🔊 track261.mp3

Correct Speed

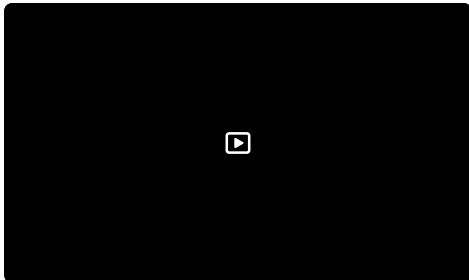
Scene 1, Slide 9: changed

Advance: 📄 Click to advance

⚡ Slide trigger added: Jumps to a slide that no longer exists in this file

Media on this slide

📺 Back Safety speed of lifting.mp4



Difficulty Holding/Grasping/Controlling Box (Signs of Physical Effort cont.)

Scene 1, Slide 19: changed

Advance: 📄 Click to advance · Text timing: 🔊 Synced to narration (reveals paragraph-by-paragraph)

✖ Alt text on "Picture 1.png" picture: (none) → "A man struggling to carry a precariously stacked, oversized pile of three cardboard boxes while a woman helps steady the top box."

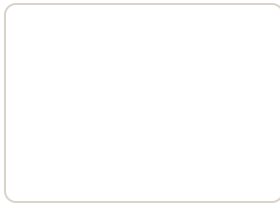
Heading

Difficulty Holding/Grasping/Controlling Box (Signs of Physical Effort cont.)

Body text

Handles are not available or the box is too wide to get a decent grip, which makes the task unsafe.

Media on this slide



🔊 track272.mp3

Shaking or Quivering of Muscles (Signs of Physical Effort cont.)

Scene 1, Slide 24: changed

Advance: ⏮ Click to advance · Text timing: 🔊 Synced to narration (reveals paragraph-by-paragraph)

Moved or resized: "wimpy shaking lifting weights gym 1.png" picture

✖ Alt text on "wimpy shaking lifting weights gym 1.png" picture: (none) → "A man intensely lifting a weighted barbell in a gym surrounded by other people and fitness equipment."

Heading

Shaking or Quivering of Muscles (Signs of Physical Effort cont.)

Body text

This is most likely due to weakness or muscles reaching near maximum effort and fatigue.

Media on this slide



🔊 track277.mp3

⚡ Added to this slide

When developing return-to-work programs for movi...

Scene 2, Slide 4: changed

Advance: ▾ Click to advance · Text timing: 📄 Shows all at once

✖ Per-question feedback is OFF for this question. Any feedback layers tied to it won't display during normal play

⚡ Slide trigger: Submits the quiz/interaction

Answer options

- ☒ Pulling is generally preferable to pushing was incorrect → now correct
- ☐ Pushing and pulling have the same risk
- ☐ Pulling is safer when walking backward
- ☒ Pushing is generally preferable to pulling was correct → now incorrect

 Media changes

Added (1)

PREVIEW	FILE	ON
	R5YDMOlxRw2n.png	Shaking or Quivering of Muscles (Signs of Physical Effort cont.)

Removed (1)

PREVIEW	FILE	WAS ON
	R6W10dFmSp6J.png	Shaking or Quivering of Muscles (Signs of Physical Effort cont.)